PROFESSIONAL DEVELOPMENT TRAINING

1300 121 400

REQUEST QUOTE

1.0 DAY COURSE

# Team Building Training

**Team Building is designed to improve team performance, raise moral and create highly motivated staff members. The ability to successfully manage a cohesive, happy and high-performing team will consistently help you achieve your organisation's required goals.**

**The PD Training Team Building Training Course teaches participants how to develop strategies for leading diverse teams, brainstorming, managing virtual team members, techniques for ensuring effective and productive team meetings, leading vs following and much more!**

**This dynamic training course is available now throughout Australia, including Brisbane, Sydney, Melbourne, Adelaide, Canberra and Perth.**

## What You'll Gain:

An increasing number of organisations are relying on teams – project teams, product development teams, virtual teams, and autonomous working teams to compete in a rapidly changing domestic and global market. The reason for this is the ability of teams to perform at high levels and adapt quickly to escalating demands. Hence in today's professional environment, more than ever, there is great emphasis placed on team leadership skills, team communication skills and team management styles.

Team effectiveness is enhanced by a team's commitment to reflect and perform on-going evaluation. In addition to evaluating accomplishments in terms of meeting specific goals, for teams to be high-performing it is essential for them to understand their development as a team.

Hence team members need to constantly sharpen their skills as team initiatives often fail due to improper implementation, conflict and competition. Team Leadership Skills are essential to maintain development and cohesion in the group.

This Team Leadership Training Program will help arm Team Leaders with the skills to create and maintain successful teams.

# Outcomes

- Learn to identify the different types of teams & develop different strategies for leading them
- Recognise the different team development stages and behaviours
- Master techniques to manage teams at each stage of development, known as Forming, Storming, Norming, Performing & Adjourning
- Develop a range of great team building activities
- Gain strategies & techniques to ensure effective & productive team meetings
- Develop great team problem solving & facilitation skills
- Learn techniques to foster teamwork & create a supportive team culture

---

# Modules

### Lesson 1: Getting Started
- Workshop Objectives

### Lesson 2: Defining Success
- What is a team?
- Factors for success
- An overview of Tuckman and Jensen's Four-Phase Model

### Lesson 3: Types of Teams
- The traditional team
- Self-Direct teams
- E-Teams

### Lesson 4: The First Stage of Team Development - Forming
- The Hallmarks of this stage
- What to do as a leader
- What to do as a follower

### Lesson 5: The Second Stage of Team Development - Storming
- The Hallmarks of this stage
- What to do as a leader
- What to do as a follower

### Lesson 6: The Third Stage of Team Development - Norming
- The hallmarks of this stage
- What to do as a leader
- What to do as a follower

### Lesson 7: The Fourth Stage of Team Development - Performing
- The Hallmarks of this stage
- What to do as a leader
- What to do as a follower

### Lesson 8: Team Building Activities
- The benefits and disadvantages
- Team building activities that won't make people cringe
- Choosing a location for team building

### Lesson 9: Making the Most of Team Meetings

- Setting the time and place
- Try the 50-Minute meeting
- Using celebrations of all sizes

### Lesson 10: Solving Problems as a Team

- The Six Thinking Hats
- Encouraging brainstorming
- Building consensus

### Lesson 11: Encouraging Teamwork

- Some things to do
- Some things to avoid
- Some things to consider

### Lesson 12: Wrapping Up

- Words from the Wise
- Action Plans

**Talk to our expert team**

**Phone: 1300 121 400**

Email: enquiries@pdtraining.com.au