PROFESSIONAL DEVELOPMENT TRAINING

PPA - Problem Solving with a Growth Mindset - 3hours

1300 121 400

REQUEST QUOTE

0.5 DAY COURSE

This high energy, half-day workshop is a powerful combination of tools that people learn to use to establish a curious, innovative growth mindset and workplace tools to implement on-the-job.

People learn how to establish a positive outcome orientation, keep things in perspective and then implement new techniques in a collaborative work environment that is experiencing change.

Much more than just concepts, this is a course that provides people with practical tools to use in all aspects of their life. Like the other PPA courses, this course is different from a lot of courses in the same genre in that it is suitable for people of all ages, and all levels of seniority in organisations.

The 'no-fluff' approach that is focussed on practical application through activity-based learning throughout the session ensures that people are engaged, keeps it 'real' and has people walking away with tools and skills that are as powerful as they are simple to implement.

We use secure Video Conferencing with interactive features such as live polling, screen sharing, whiteboards, live chat and breakout sessions. Please discuss your preferred platform, most commonly we use Microsoft Teams, Skype for Business, Webex or Zoom upon request.

These courses are facilitated in English, and are open to people from different industries in all countries especially across New Zealand, Australia, Singapore, Malaysia and Hong Kong - this is a short but powerful learning experience that gives you global collaboration opportunities. Our trainers and processes have been refined to give you a personalised learning experience where it is specifically targeted to your needs.

Learn More Now by Clicking Here

What You'll Gain:

Building Creativity and Problem Solving Capacity with a Growth Mindset

In this half-day, workshop-style activity, people are actively engaged in learning a powerful combination of self-management techniques and workplace applications. The approach we

take to situations depends on our mindset and perspective, and how we then execute and/or follow through.

This is a great foundation for developing teams that are more collaborative, take a curious (there must be a way) approach to challenges and work together to develop innovative solutions in a constructive and supportive way.

Highly recommended for teams and organisations that are needing to adapt and grow, and want to do so with a positive approach that finds solutions and moves forward together.

The combination of activities in this course provides a unique and powerful blend of self-management and workplace application.

This course works in perfect partnership with the other PPA modules.

Outcomes

This course will provide practical skills and techniques to help people improve their workplace performance in the following areas:

- Purposefully Creating an Activated/Proactive Team
- Recognising Growth and Fixed Mindsets
- Learning How to Train Your Brain to be Growth Oriented
- Reframing for Optimism to Develop a Better Culture, and Outcome Orientation
- The 3 P's and the ABCDE Models to Re-approach Situations Through a Different Lens
- Cultivating a Curious Approach to Situations and Problems
- Using the Ladder of Inference
- Developing Action Orientation
- Decision Making
- Innovation and Creativity
- Engagement and Performance

Modules

Lesson 1: Creating an Upbeat Culture

- Firstly, Keep it Real
- Secondly, Involve your Team
- Lastly, be Vigilant
- Reflection

Lesson 2: Creativity and Problem Solving

- Creativity and an Outcome Orientation
- Praise the Process or Praise the Talent?
- Cultivate a Curious Mind
- Problem Solving and the Ladder of Inference

Lesson 3: Action Planning

- I understand the process and the tools
- Reflect on my opportunities to use the tools
- Prioritise my first implementation of the approach

Lesson 4: International Collaboration

Up to 20 minutes Facilitator led collaboration

- With enrolments open from Australia, New Zealand, Singapore, Malaysia and Hong Kong
- Participants benefit from sharing and collaboration from people with similar challenges from across the region
- Share, discuss and learn from like minded people
- Wrap up and close

Lesson 5: Next Steps

- Create an Action Plan
- This course is perfectly paired with Establishing a Growth Mindset

Talk to our expert team

Phone: 1300 121 400

Email: enquiries@pdtraining.com.au