



PROFESSIONAL  
DEVELOPMENT  
TRAINING

# Leadership Training Course to Develop Strong Leaders



1300 121 400



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2.0 DAY COURSE

The PD Training (PDT) Leadership Training course is a practical short course that provides participants with an impactful learning journey that develops insight and skills to develop as a leader, and teaches functional management skills that are core competencies needed by people in leadership roles.

The PDT Leadership Training course utilises a system of activities that has been scientifically proven to provide leaders with improved levels of agility, resilience and improved communication skills. If you would like a custom approach to developing your leaders in your workplace view our Leadership Development Program to see how we can best collaborate.

In this dynamic, 2-day professional Leadership Training Course, you'll learn how to become an effective leader who is self-aware, builds trust, and can inspire a high performing team. You'll also learn management skills such as problem solving, decision making, giving feedback and performance management.

During this Leadership Training Course you will complete the REACH Personality Profiling tool, which will provide you with insight into your preferred Leadership style and your strengths and areas for growth to better influence. This newly found awareness will empower you with the ability to connect better with others and can provide you with an improved level of interpersonal communication and leadership skills.

Complete a Sample Profiling Survey and View a Sample Report Below:

To Have Your Leaders Start the 12-Minute Survey [click here](#)

If You Would Like to View an Example of the Report [click here](#)

Our Leadership Training Course is available now throughout Australia including Brisbane, Sydney, Melbourne, Adelaide, Canberra and Perth. Please click on the Public Class tab below to view our Leadership Training course schedule by city or click the Group Booking Quote Button to receive a free quote for customised courses delivered at your preferred location. Looking for a 3-hour Online Live version of the course? Click Here to View Our 3-Hour Virtual Leadership Skills Courses.

**What You'll Gain:**



The PD Training Leadership Training Course to build strong Leaders has been highly praised by our business clients as providing the essential skills required to be a talented leader which is presented in a format that is both informative and empowering at the same time. Our science-based approach has been proven to be effective in a range of industries! Through patience, persistence and hard work, anyone can become a highly effective leader. PDT will provide you with all the tools required to improve your ability to lead others, but the responsibility is on you to implement the strategies taught in this course, and to identify and correct changes in certain behaviours which may be quite difficult. The skills required to be a great team player are not always the same skills required to effectively lead the team. This is why Leadership Training to develop strong Leaders is so highly sought after by most successful companies.

The primary role of a leader also requires a thorough understanding of the team's needs, aspirations and concerns, so it is important to have excellent listening and facilitation skills as well as highly developed abilities to coach and mentor others. This Leadership Training Course will teach you that effective leadership starts with a thorough understanding of oneself, which then allows you to support and lead others towards stated organisational goals.

## Outcomes

### Leadership Training - Day 1

- Understand the role of a leader, their traits, how are they different to a manager
- Look beyond the common leadership stereotypes
- Learn how your personality traits interact with your leadership styles
- Understand what Leading with Emotional Intelligence (EI) is and choosing the best approach
- Understand and Apply Situational Leadership
- Building Trust
- Increase the performance of your team through developing team spirit

### Leadership Training - Day 2

- Leading with passion and empower others to act by using rapport building techniques
- Use creative problem-solving & decision-making methods
- Improve your coaching and mentoring skills
- Give feedback to inspire greater performance with engagement and buy-in
- Identify and apply strategies to manage underperforming members of the team



# Modules

## Lesson 1: Getting Started

- Expectations
- Defining Leadership and Influence
- Activity: Did It Work?
- Leading and Managing
- Activity: Do you Manage or Lead?
- Activity: Characteristics of a Leader
- Activity: Developing Leadership Qualities
- Reflection

## Lesson 3: Leading with Emotional Intelligence

- Activity: Do I Lead with Emotional Intelligence?
- Relationship Management and Influence
- Activity: Influencing Positively
- Activity: Creating a Climate for Emotional Honesty

## Lesson 5: Trust

- Activity: Does Trust Matter?
- Building Trust - the Four Cs
- Trust in My Team
- Activity: Taking a Trust Pulse
- Elements of Trust

## Lesson 7: Influencing Skills

- The Art of Persuasion
- Activity: Ethos, Pathos & Logos in Ads
- The Principles of Influence
- Activity: Applying Cialdini's Principles of Influence
- Influence by Rapport
- Activity: Identifying Rapport Experiences

## Lesson 2: Your Personality Style and Leadership

- REACH Profile Review
- Personal Style Markers
- Activity: Achieving Dimensions
- Activity: Relating Dimensions
- Activity: Profile Interactions

## Lesson 4: Leadership Flexibility

- Situational Leadership
- Activity: Leadership Styles Displayed
- Activity: Matching Leadership Style to Development Level

## Lesson 6: Encouraging Teamwork

- Lessons from Geese
- The 5 Dysfunctions of a Team
- Activity: Are We Susceptible?
- Activity: Overcoming Dysfunction
- Activity: Developing Team Spirit

## Lesson 8: Problem Solving and Decision Making

- Define the Terms
- Activity: REACH and Decision Making
- The Problem Solving Process
- Defining the Problem
- 5 Whys
- Appreciation



- Bridging the Gap
- When to Mirror?
- Watching and Listening
- Pacing and Leading
- Activity: Practising Rapport

- Cause and Effect (Fishbone) Diagrams
- Activity: Fishbone
- Generating Alternatives
- Evaluate & Select a Solution
- Activity: Applying the Six Thinking Hats
- Implement and Follow Up on Solution
- Activity: Implementing ABC's Solution

### Lesson 9: Coaching and Mentoring

- Coaching Vs Mentoring
- The GROW Model
- Benefits of Setting Goals
- Setting SMART Goals
- Activity: Run a Coaching Session

### Lesson 10: Feedback

- Four Key Areas
- Activity: Being Focused
- The Feedback Sandwich!
- Try a Feedback Sandwich
- Feedback Framing Tool - SSI
- Activity: Practice Giving Feedback
- Seeking Feedback

### Lesson 11: Managing Performance

- Common Performance Issues
- Taking Initial Action
- Accountability Vs Responsibility
- Stop, Look, Listen
- Activity: Causes and Solutions to Weak Accountability

Talk to our expert team

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