PROFESSIONAL DEVELOPMENT TRAINING

LEGO® Serious Play® Strengths Discovery Workshop**

1300 121 400

REQUEST QUOTE

0.8 DAY COURSE

Research shows that teams who focus on strengths have higher engagement, productivity, and profitability. Further to this, employees who apply their strengths at work also report higher job satisfaction, stronger psychological well-being, and lower levels of burnout. This session moves beyond tests and personality types to allow teams the space to not only discover their own strengths, but also to help their colleagues see the value they bring to the team.

Using the LEGO® Serious Play® method, your team will harness the power of appreciative enquiry to identify what's working in each team member's role, where there are strengths that aren't being harnessed, and finally, how the team can leverage their strengths to achieve better results and work more cohesively.

If you want your team to discover their strengths in meaningful, safe, and empowering environment, this is the workshop for you.

What You'll Gain:

This strengths session uses the power of LEGO® Serious Play® to capture the voices of team members at all levels in developing a shared understanding of their strengths, and those of their colleagues. As we focus on helping your team identify how their strengths are being used, new perspectives will be gained in a psychologically safe environment, leading to better ways of working, and deeper connections between team members.

Your team will walk away with a sense of owning their strengths, having articulated them clearly, alongside a deeper understanding of where they fit in their team together with their peers.

Outcomes

After completing this course, participants will have learned to:

- Develop an understanding of your existing strengths
- Discover new ways to support one other
- Identify keys to working as a cohesive unit that leverages strengths effectively
- Define how each team member can contribute to building the team's goals

Modules

Lesson 1: Introductions
- Session Purpose
- Overview of LEGO® Serious Play®
- Skills-Building Warm-Up (Tower building)

Lesson 2: Individual Stengths
- Build Three Strengths you Bring to Your Team
- Discussion & Insights Capture

Lesson 3: Strengths Within Your Role
- Build How Your Role Functions
- Place Your Strengths Within the Build
- Discussion & Insights Capture

Lesson 4: Team Strengths
- Build Two Strengths you See in Another Member of the Team
- Share These Builds
- Discussion & Insights Capture

Lesson 5: Combined Strengths
- Combine Individual Builds into a Shared Model
- Discussion & Insights Capture

Lesson 6: What's Needed to Thrive
- Micro Builds: Build Three Key Challenges Your Team is Currently Facing
- Place These Around the Model
- Analyse & Adjust Model Through Discussion. What Strengths are you Using Most?

Lesson 7: Reflection & Next Steps
- Identify a Strength You're Going to Focus on Growing
- Discuss with the Table: What Have You Learned About Each Other Today?
- Review of Session & Learning Outcomes

Talk to our expert team

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