



PROFESSIONAL  
DEVELOPMENT  
TRAINING

# Strengths Discovery Workshop



1300 121 400



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0.5 DAY COURSE

Unlock the full potential of your team by exploring and celebrating the unique strengths each member brings. This workshop takes a deep dive into the strengths of each team member, and takes time to share observations about the professional strengths of others in the team. Using the LEGO® Serious Play® methodology, this highly interactive workshop engages participants in hands-on model building, storytelling, and reflection to surface insights that might otherwise go unspoken. Through shared exploration, your team will develop a deeper understanding of individual and collective strengths, uncover new ways to support one another, and define what success looks like together. By the end of the session, your team will have actionable strategies to work more cohesively, leverage strengths effectively, and achieve shared goals with confidence.

## What You'll Gain:

Every team is made stronger when its members understand and appreciate each other's unique talents. The Strengths Discovery Workshop creates a space for teams to explore these strengths in a collaborative and reflective way. Using LEGO® Serious Play®, participants will engage in creative, hands-on activities that encourage open communication, honest observation, and shared understanding.

This workshop goes beyond traditional discussions, giving every team member a voice and a visible way to express ideas, insights, and aspirations. By uncovering both individual and collective strengths, your team will leave with renewed connection, practical strategies for collaboration, and a clearer vision of how to achieve shared goals together.

## Outcomes

**In this course participants will benefit by:**

- Build your team's shared understanding of the existing strengths within their team
- Discover new ways to support one other
- Identify keys to working as a cohesive unit that leverages strengths effectively



- Define success and how each team member can contribute to build your team's goals

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## Modules

**Talk to our expert team**

**Phone: 1300 121 400**

Email: [enquiries@pdtraining.com.au](mailto:enquiries@pdtraining.com.au)