



PROFESSIONAL
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LEGO® Serious Play® Reflection Workshop**

 1300 121 400

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 0.8 DAY COURSE

Research shows that teams that engage in effective reflection perform over 25% better than those that don't. The reflective practices in this workshop will harness your team's unique perspectives and observations to power your success in the future.

By taking part in this workshop with your team at the end of a project, campaign, or year, you'll capture learnings for the future. Through the LEGO® Serious Play® method, your team will harness the power of appreciative enquiry to identify lessons and opportunities, as well as reflect on personal takeaways. Each team member will consider their role, observations, and actions, before articulating the lessons they'll take with them into the future.

Through this structured reflection, your team will not just do the task better next time – they'll work together better as they do it.

What You'll Gain:

This workshop balances the broad and the personal, allowing your team the space to capture their thoughts in a psychologically safe and innovative environment. Using the power of LEGO® Serious Play®, you'll get insights the voices of team members at all levels in developing a shared understanding of what's worked well, what the key events were over the project or period, and how the team can increase their effectiveness in the future.

By capturing their own thoughts and combining these into a shared understanding, your team members will gain a new sense of understanding, ownership, and pathways to future success.

Your team will walk away with new tools for increased adaptive performance while also building their initiative and understanding of what they can do personally to ensure greater performance in their role.

Outcomes

After completing this course, participants will have learned to:



- Gain a deeper understanding of the completed year, project, or campaign, including the key events that affected the outcome
- Identify key individual learnings that each team member is taking with them
- Combine individual learnings into a shared understanding of what to keep, what to leave behind, and what to celebrate
- Build a shared understanding of how the team will look at the end of the next year, project, or campaign

Modules

Lesson 1: Introductions

- Session Purpose
- Overview of LEGO® Serious Play®
- Skills-Building Warm-Up (Tower building)

Lesson 2: Individual Reflection

- Build Yourself at the Start & End of the Project
- Discussion & Insights Capture

Lesson 3: The Project

- Build the Project Outcome you Expected
- Build the Project Outcome you Observed
- Discussion & Insights Capture

Lesson 4: Key Events

- Build the Key Event That Led From Where You Started to Where you Finished
- Place the Event Between Your Builds
- Discussion & Insights Capture

Lesson 5: Key Actions

- Build One Action you Took Which Affected the Outcome of the Project
- Share This Build
- Discussion & Insights Capture

Lesson 6: Shared Understanding

- Place Your Events and Actions into a Combined Build
- Show the Outcome, the Key Events, and Where the Actions Sit in Relation to This
- Discussion & Insights Capture

Lesson 7: What You're Taking with You

- Build a Learning You're Taking With you into your Next Project
- Build One Thing You're Leaving Behind
- Share and Discuss These with the Team

Lesson 8: The Future

- Place these Builds into a Shared Model of the Team at the End of the Next Project
- What are the Key Learnings?
- What Gets Left Behind?
- Discussion & Insights Capture



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Lesson 9: Reflection & Next Steps

- Identify Your Key Takeaway or Observation to Action in Your Next Project
- Review of Session & Learning Outcomes

Talk to our expert team

Phone: 1300 121 400

Email: enquiries@pdtraining.com.au