



PROFESSIONAL
DEVELOPMENT
TRAINING

LEGO® Serious Play® Partnership in Practice: Navigating Parent Relationships with

 1300 121 400

 [REQUEST QUOTE](#)

 0.5 DAY COURSE

Teaching is a profession that requires balancing a multitude of priorities, ranging from lesson planning and classroom management to engaging with families and supporting student wellbeing. This interactive workshop recognises the dedication and challenges teachers and administrators navigate each day. By beginning with a focus on staff wellbeing and honouring the workload educators carry, this session provides space for meaningful connection, reflection, and shared understanding among colleagues.

Participants will gain practical strategies for managing relationships with parents, including insight into the function of parent behaviour, tools to reduce parent anxiety, and evidence-based approaches for effective yet empathetic communication all while keeping students' needs at the centre.

Join us in developing a balanced approach that recognises both the demands on educators and the importance of positive school–family partnerships, creating a supportive environment for staff, students, and families alike.

What You'll Gain:

Teaching and school leadership involve managing complex and often competing priorities. This workshop acknowledges the pressures teachers and administrators experience and the importance of prioritising staff wellbeing alongside professional responsibilities.

Through reflection, discussion, and shared understanding, participants are supported to explore approaches to parent communication that reduce anxiety, strengthen relationships, and maintain a focus on student wellbeing while recognising the workload and emotional demands placed on educators.

Outcomes

In this course participants will benefit by:

- Improved teacher and administrator wellbeing through professional reflection, peer support, and proven communication techniques.



- Increased parent-school collaboration, leading to greater student engagement and a more positive school climate.
- Strategies that enable boundaries to be set, information to be provided proactively, whilst promoting a culture of trust, partnership, and student-centred decision making.

Modules

Lesson 1: Where You Are Matters

- Acknowledge staff priorities
- Private/Group Check-In
- Sharing

Lesson 2: Function of Parent Behaviour

- Explainer on Behaviour Drivers
- ABCs
- Group Discussion

Lesson 3: Reducing Parent Anxiety

- Scenario Roleplay
- Predictability Strategies
- Trauma-Sensitive Tips

Lesson 4: Effective Communication with Parents

- Teach Active Listening
- Set Boundaries
- Simulation

Lesson 5: Wellbeing Pulse (Check-In)

- Quick Reflection/Journaling/Poll on Staff Experience so far

Lesson 6: Effective Communication

- Consistency
- Partnership Language
- Reliable Follow-Ups

Lesson 7: Providing Information Proactively

- Strategies for Regular Updates
- Check-Ins
- Balance Info Overload

Lesson 8: Empathy & Perspective Taking

- Guided Activity ("Walking in Their Shoes")
- Resilience Circle

Lesson 9: Balancing Needs + Action Planning

- Student-centred Case Studies
- Group Action Steps
- Final Review



**PROFESSIONAL
DEVELOPMENT
TRAINING**



1300 121 400



REQUEST QUOTE

Talk to our expert team

Phone: 1300 121 400

Email: enquiries@pdtraining.com.au