

CREATING TEAM SYNERGY

Generate a [group quote](#) today



COURSE LENGTH: 1.0 DAYS

Creating Team Synergy

CREATING TEAM SYNERGY COURSE OUTLINE

FOREWORD

This training course delivers outstanding learning outcomes for individuals and teams as a collective.

OUTCOMES

Individual learning outcomes will be

- Learn to understand their own strengths and communication styles
- Become aware of their most common natural approaches to different workplace situations
- Develop awareness of their communication styles
- Become aware of the complementary strengths their team members bring
- Become more, accepting and appreciative of the diversity in their team
- Understand that together we are more if we play to our own strengths and those of our team members

As a collective the team will

- Recognize behavioural patterns in their teams and be able to respond rationally instead of emotionally
 - Understand the key elements of high performing teams
 - Recognise the importance of the leader role - and each of their own roles
 - Develop a team charter/common understanding between each other
 - Be able to have more open and constructive dialogue between each other
 - Understand the importance of trust, and develop a greater sense of trust and understanding
 - Be better prepared to establish goals and support each other to work toward them
 - Be positioned to be a more synergistic high performing team
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MODULES

Lesson 1: Understanding personalities and how diversity brings better performance

- Opening activity: So, you think Teamwork is easy?
- Formally begin the class: Welcome to the course
- REACH in two questions
- Personal profile review
- "Thinking in Colours - Bringing Perspective to Life"

Debrief: Ok so that's thinking and doing... How about communicating?

Adjusting your style for a better approach:

Activity: In pairs

OK, what does Communication Styles have to do

Lesson 2: I am right... Aren't I?

- What makes up our lense - How we see the world?
- Some interesting research-based discussion points
- The IceBerg
- But still, I'm observant - right?
- OK, so my eyes don't take everything in, but my ears aren't painted on!
Why?

Active Listening: Listening to understand

Listen: Really listen - Using minimal encouragers

Why use minimal encouragers?

Reflect back on arguments

with Tuckman's Stages of Team Development?
Looking back now at the Tuckman 5 stages of team development, where are you?

Lesson 3: High performing teams

- Group Discussion: There's many elements required in a high performing team, let's list a few
- Group Discussion: Of all attributes listed, of a high performing team, what is the most important?

Lesson 4: People Trust People

- a, b or c

Lesson 5: Work to your strengths, and contribute more!

- Why is working hard and applying yourself to your weaknesses, so you can make them strengths irresponsible to you and your team?
Strengths
- Strengths Poker
Note in your journal
- Option
- Option
What is a Charter?
Our Team Charter
Group Think: What is it?

Nest steps - take out your phones, download orgmenta:

Appendix 1: Developing Team Charter

Appendix 2: Tips for dealing with different personality profiles

Appendix 3: REACH in Class 'REACH Question Activity' Resources

WEB LINKS

- [View this course online](#)
- [In-house Training Instant Quote](#)