

## BUILDING HIGH PERFORMANCE TEAMS TRAINING

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**COURSE LENGTH: 1.0 DAYS**

Building teams can be challenging because it requires bringing together and managing different kinds of people. Skilled managers use a variety of tools and techniques for building high performance teams. The PD Training Building High Performance Teams Training course provides intensive training in each stage of team building and development process such as identifying team player types, brain writing, management of disagreements, analysing tools, self-assessment and more. This training course is designed to empower managers to create and manage outstanding teams.

This practical training course, full of take-away tools, is available now throughout Australia, including Brisbane, Sydney, Melbourne, Adelaide, Canberra, and Perth and also via instructor-led online training.

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## BUILDING HIGH PERFORMANCE TEAMS TRAINING COURSE OUTLINE

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### FOREWORD

Success as a manager heavily depends on how well a team operates and what kind of results it achieves. Is your team able to solve problems? Can they resolve conflict? Are they enthusiastic and motivated to do their best? Do they work well together?

This training course in building high performance teams provides managers help in developing their team leadership skills and unleash the talent of each individual team member.

This training course in building high performance teams is the fastest way to gain a comprehensive understanding of all essential features of effective team building, and gain skills in using them expertly in building perfect teams.

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### OUTCOMES

**After completing this course, participants will have learned to:**

- Recognise the five stages of team development
- Inspire and motivate team members
- Build teamwork by applying the twelve characteristics of an effective team
- Promote trust and rapport by exploring your team player style, and find how it impacts group dynamics
- Recognise the key elements that move a team from involvement to empowerment, and give these elements to your team
- Develop strategies for dealing with team conflict and common problems
- Build teams using TORI
- Communicate effectively
- Engage in active listening
- Build consensus through understanding

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### MODULES

#### Lesson 1: Course Overview

- Welcome & Introduction
- Workshop Objectives
- Types of Teams

#### Lesson 2: Tuckman's Five Stages of Team Development

- Forming
- Storming
- Norming
- Performing
- Adjourning

### Lesson 3: Characteristics of Great Teams (I)

- Clear Purpose
- Informality
- Participation
- Listening

### Lesson 4: Characteristics of Great Teams (II)

- Civilised Disagreements
- Consensus Decisions
- Open Communication
- Clear Roles & Work Assignments

### Lesson 5: Characteristics of Great Teams (III)

- Shared Leadership
- External Relations
- Style Diversity
- Self-Assessment

### Lesson 6: Team Player Types

- Inquiring Rationals
- Authentic Idealists
- Organised Guardians
- Resourceful Artisans
- The Trust/Relationship Model

### Lesson 7: Creative Thinking

- Brainstorming
- Brainwriting
- Mindmapping
- Six Thinking Hats

### Lesson 8: Solving Problems

- Problem Identification
- Decision Making
- Planning & Organising

### Lesson 9: Team Planning Tools

- SWOT Analysis
- Planning Tools
- Improvement Plans

### Lesson 10: Workshop Wrap Up

- Workshop Review
- Team Action Plans

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## WEB LINKS

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- [View this course online](#)
- [In-house Training Instant Quote](#)