

## ADVANCED SKILLS FOR ELITE PERSONAL ASSISTANTS AND EXECUTIVE ASSISTANTS

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**COURSE LENGTH: 1.0 DAYS**

The Advanced Skills for Elite Personal and Executive Assistants training course teaches you how to develop the competencies for the advanced skills and flexibility needed to effectively provide a higher level of administrative and executive assistance.

After completing this course, you will have learned how to develop and enhance your social intelligence and flexibility to adapt to the manager's working style, the capability to represent your manager if necessary, office and people management skills, meeting scheduling, effective screening of visitors, incoming calls and reports, the importance of confidentiality and much more.

Our Advanced Skills for Elite Personal Assistants and Executive Assistants professional development training courses are available Australia-wide including Sydney, Parramatta, Melbourne, Brisbane, Canberra, Adelaide, and Perth or online.

Please click on the Public Class tab below to view our course schedule by city or click the In-House Training tab to receive a free quote for courses delivered at your preferred location.

See our [Foundation Skills for Elite PA's and Executive Assistants Training Course](#)

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## ADVANCED SKILLS FOR ELITE PERSONAL ASSISTANTS AND EXECUTIVE ASSISTANTS COURSE OUTLINE

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### FOREWORD

During this course, participants engage in learning the theory and practice the duties of an experienced administrative or executive assistant. This interactive course includes activities to enhance the learning and the development of key, practical skills.

The course involves the development of skills and knowledge that the job of an administrative assistant demands. These include developing social intelligence, flexibility, management skills, people management skills and prioritising tasks.

People also viewed: [Foundation Skills for Elite PA's and Executive Assistants Training Course](#)

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### OUTCOMES

**After completing this course, participants will have learned to:**

- ▶ Adapt to the manager's needs and style of working
- ▶ Take initiative when needed
- ▶ Develop social intelligence
- ▶ Develop basic business acumen
- ▶ Understand the importance of office management
- ▶ Listen actively
- ▶ Represent your manager
- ▶ Handle difficult people and situations

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### MODULES

#### Lesson 1: The Advanced Elite PA and EA

- ▶ Welcome
- ▶ Role Defined
- ▶ Competencies of an Elite PA/EA
- ▶ Reflection

#### Lesson 2: Working with your Manager

- ▶ LDP Review – Communication Evolution Tool
- ▶ Ok So That's Thinking and Doing... How About Communicating?
- ▶ Adjusting Your Style for a Better Approach:
- ▶ Reflection

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### Lesson 3: Handling Difficult and Demanding People in the workplace

- ▶ Four General Intents Shaping Behaviour
- ▶ What Drives Behaviour
- ▶ Coping Techniques for Difficult and Demanding Managers
- ▶ 7 Types of Difficult Managers and Colleagues to Manage
- ▶ Reflection

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### Lesson 4: Negotiation with Multiple Managers v's Tasks, Tasks v's Manager's

- ▶ Should I Negotiate or Say 'NO' to the Task
- ▶ Should I Say 'YES' to the Person but 'NO' to the Task
- ▶ Reflection

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### Lesson 5: Managing the Office

- ▶ Delegation Below, Sideways and Upwards
- ▶ 10 Rules for Successful Delegation
  - ▶ 1. Determine What Can be Delegated
  - ▶ 2. Pick the Right Person
  - ▶ 3. Explain Why You are Delegating
  - ▶ 4. Be Specific be SMARTER
  - ▶ 5. Set Them up for Success
  - ▶ 6. Touch Base
  - ▶ 7. Don't Micromanage
  - ▶ 8. Offer Feedback/Ask for Feedback
  - ▶ 9. Say thanks – Be patient
  - ▶ 10. Don't over delegate
- ▶ Delegating to Profiles
- ▶ Reflection

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### Lesson 6: Social Media Management

- ▶ 9 Steps to Help You Manage Social Media
  - ▶ How Often:
  - ▶ Dealing with Negative Comments:
  - ▶ Do I Need to Check with Anyone?
  - ▶ If in Doubt, Don't Post It!!!
  - ▶ Using Photos/Videos – rules
  - ▶ Sharing Information:
  - ▶ Engagement:
  - ▶ Monitoring:
  - ▶ Physical Posting vs Auto Posting:
- ▶ Reflection

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### Lesson 7: Work – Life Balance

- ▶ Distress versus Eustress?
- ▶ Causes of Stress
- ▶ 4 Major Signs and Symptoms of Stress
- ▶ Are you fueling the fire?
- ▶ Control your Cortisol
- ▶ Mindfulness
- ▶ Reflection

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### Lesson 8: Reflections

- ▶ Create an Action Plan
- ▶ Accountability = Action

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## WEB LINKS

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- ▶ [View this course online](#)
- ▶ [In-house Training Instant Quote](#)
- ▶ [Public Classes - Enrol Now!](#)