

PPA - BUILDING CREATIVITY, PROBLEM SOLVING AND DECISION MAKING WITH A GROWTH MINDSET

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COURSE LENGTH: 0.5 DAYS

This high energy, half-day workshop is a powerful combination of tools that people learn to use to establish a curious, innovative growth mindset, and workplace tools to implement on-the-job.

People learn how to establish a positive outcome orientation, keep things in perspective, and then implement new techniques in a collaborative work environment that is experiencing change.

Much more than just concepts, this is a course that provides people with practical tools to use in all aspects of their life. Like the other PPA courses, this course is different from a lot of courses in the same genre in that it is suitable for people of all ages and all levels of seniority in organisations.

The 'no-fluff' approach that is focussed on practical application through activity-based learning throughout the session ensures that people are engaged, keeps it 'real' and has people walking away with tools and skills that are as powerful as they are simple to implement.

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PPA - BUILDING CREATIVITY, PROBLEM SOLVING AND DECISION MAKING WITH A GROWTH MINDSET COURSE OUTLINE

FOREWORD

Building Creativity and Problem Solving Capacity with a Growth Mindset

In this half-day, workshop-style activity, people are actively engaged in learning a powerful combination of self-management and workplace applications. The approach we take to situations depends on our mindset and perspective and how we execute/follow through.

The combination of activities in this course provides a unique and powerful blend of self-management and workplace application.

This is a great foundation for developing teams that are more collaborative, take a curious (there must be a way) approach to challenges and work together to develop innovative solutions in a constructive and supportive way.

Highly recommended for teams and organisations that are needing to adapt and grow, and want to do so with a positive approach that finds solutions and moves forward together.

In collaboration with our clients, trainers, participants across the globe and our research & development partners (The OrgDev Institute and Leading Dimensions Consulting), PD Training has developed Productive People Advantage (PPA) program, designed for the needs of today to prepare your people and organisation to have a sustainable advantage tomorrow.

In conjunction with the other PPA courses, this helps give people and organisations a competitive advantage through more productive people.

OUTCOMES

This course will provide practical skills and techniques to help people improve their workplace performance in the following areas:

- ▶ Purposefully Creating an Activated/Proactive Team
 - ▶ Recognising Growth and Fixed Mindsets
 - ▶ Learning How to Train Your Brain to be Growth Oriented
 - ▶ Reframing for Optimism to Develop a Better Culture and Outcome Orientation
 - ▶ The 3 P's and the ABCDE Models to Re-approach Situations Through a Different Lens
 - ▶ Cultivating a Curious Approach to Situations and Problems
 - ▶ Using the Ladder of Inference
 - ▶ Developing Action Orientation
 - ▶ Decision Making
 - ▶ Innovation and Creativity
 - ▶ Engagement and Performance
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MODULES

Lesson 1: Creating an Upbeat Culture

- ▶ Firstly, Keep it Real
- ▶ Secondly, Involve your Team
- ▶ Lastly, be Vigilant
- ▶ Reflection

Lesson 2: Teams and a Growth Mindset

- ▶ The Meaning of a Growth Mindset
- ▶ Optimism vs Pessimism
- ▶ Learn tools to develop and maintain a positive mindset
- ▶ Reflection

Lesson 3: Creativity and Problem Solving

- ▶ Creativity and a Growth Mindset
- ▶ Praise the Process or Praise the Talent?
- ▶ Cultivate a Curious Mind
- ▶ Problem Solving and the Ladder of Inference
- ▶ Reflection

Lesson 4: Reflections

- ▶ Create an Action Plan
- ▶ Accountability = Action

WEB LINKS

- ▶ [View this course online](#)
- ▶ [In-house Training Instant Quote](#)